

### Announcements

- The office will be closed January 2.
- Canadian Bible Society **Daily Reading Guides** are available at the back of the Sanctuary or by the lift.
- **Mid-Day Music at Melville** will take two weeks off for Christmas and New Year's and will return to our "movie music" theme on **Wednesday, January 8, 2025**.
- **Stay Strong, Live Long!** Start the New Year with confidence by joining VON's **Falls Prevention Series!** There are 12 sessions packed with practical strategies to: Reduce your risk of falling, minimize injury if a fall does occur, promote faster recovery. Our focus is to help you stay healthy, active, and independent—living happily to your last day! Did you know? Frailty isn't inevitable. You can go from frail to fit at any age, and we'll show you how! Attend one or all of the sessions. Free to attend and no registration required. **Mondays starting Jan. 6<sup>th</sup>, 1:00pm** (no session Feb 17 & Mar 17) in Melville's Fellowship Hall. See flyer posted on the bulletin board outside the Parlour for more information.
- The **Food Bank** is in need of donations, more than ever. Please consider bringing donations of nonperishables, toiletries, or a gift card, to church. Baskets are located in the sanctuary. **Items most needed are:** pasta sauce, chunky soup (Habitant), small canned soup, pasta side dishes, canned vegetables, canned tomatoes, canned fruit, cold cereal, peanut butter, juice, jam, canned salmon, and canned pasta (beefaroni, etc.).
- The Wellington County Food Access Guide lists organizations that provide food and community meals within our region. Please see the information posted on the bulletin board outside the chapel or go to [www.gwpoverty.ca/resources/access-guides](http://www.gwpoverty.ca/resources/access-guides) and scroll down to [Wellington-County-Food-Access-Guide-Oct-2024.pdf](http://Wellington-County-Food-Access-Guide-Oct-2024.pdf)