



The Grove Hubs Wellington County & Guelph

Youth are experiencing a mental health crisis and we are incredibly fortunate to have The Grove Hubs - Fergus site to respond to their needs.

One of seven planned sites in Wellington County & Guelph, each will offer a “one-stop-shop” to meet a wide range of needs for youth aged 12-26, including mental health, substance use, primary care, education, employment, training, housing and other community and social services.

Most importantly, the “one-stop-shop” means that youth will only tell their story once regardless of where they are. This is made possible through an interconnected online system.

For youth, the mental health system has been like trying to solve a puzzle without all the pieces. And they may be navigating this complex system on their own. Dealing with bullying? Visit this website. Having problems in your relationship? Read this brochure. Depression or anxiety? Call this number. Addictions? Look here.

When they walk into any of The Grove Hubs locations, youth are greeted by another youth, who chats with them and lets them know what’s happening at that site today.

Through these sites, over 30 community agencies are ready to help. No stigma. No shame. The focus is on prevention and intervention, providing tools and support before mental health concerns become a crisis.

Six sites are now open; one in Erin, Palmerston and Fergus plus three sites in Guelph. The last will be located in the new CMHA Waterloo Wellington building under construction in north Guelph.

Please remember, for youth or anyone else requiring immediate emergency, in-person care, please call 1-844-437-3247 (HERE247). HERE 247 Posters, wallet cards and magnets are available throughout the church.

[The Grove Hubs](#) for HUB locations, programming, etc.

[Impact](#)

[Get With the Grove podcast](#) developed by youth in the Centre Wellington community

[Canadian Mental Health Association Waterloo-Wellington](#)

[HERE247](#) Addictions, Mental Health & Crisis Services Waterloo - Wellington

We’re HERE 24/7. In Crisis or Need Support? Call 1-844-HERE247 (1-844-437-3247) anytime.

[Canadian Mental Health Association National Site](#)